

Is it Important to Measure Recovery?

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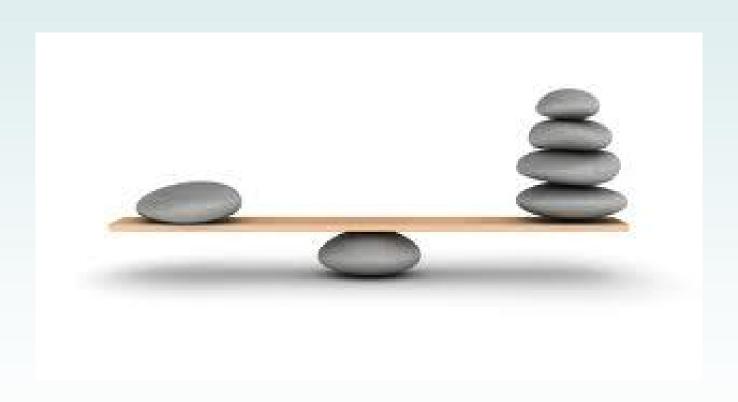


Your Recovery, Your Life.
A Shared Journey



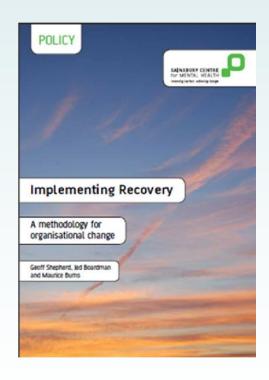
Identity

External Environment





Social Environment



1 Changing the nature of day-to-day interactions and the quality of experience



Hopes & Values

- Useful & meaningful to person accessing service
- Allow service evaluation through individual recovery
- Attract clinician uptake 'make sense'
- Begin change in day-to-day interactions

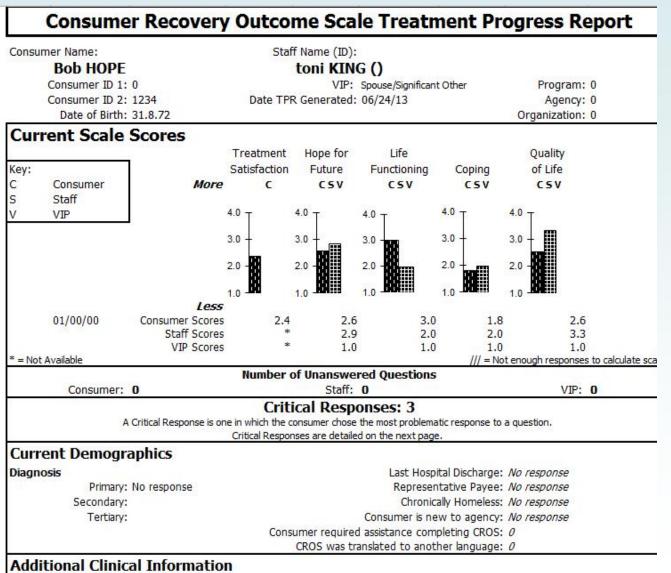


Self Control

- Pilot study Measure of Personal Recovery
 - Recovery Assessment Scale
 - Consumer Recovery Outcome System
- Recovery-Focussed Care plans
 - Developed from personal assessment of recovery



Clinical Report





Opportunity

Recovery-Focussed Care Plan

Will include one or more of the following:

- Goals and aspirations of the service-user
- Personal preferences / individual needs (eg around sexuality, religion, diet)
- Developing valued social roles
- Gaining information about diagnosis / understanding own experience / ways to manage impact of illness (self management)



Recovery Principles

This service will make Recovery visible by:

- Encouraging and promoting Hope by exploring how individuals can have more active control over their lives and by learning how others have found a way forward
- Valuing and supporting the exploration of individual uniqueness, to help people make sense of their experience and re-discover a sense of control and personal identity
- Ensuring real choice and respectful partnership are central to all aspects of our work and interactions



Early Findings





Thankyou

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